



TAAL INC
COME. DRUM. BE ONE

Frequently Asked Questions:

1) What all will you teach?

In this course you will start learning all the skills required to be able to understand rhythm and group drumming situations. We will start the day with drumming class (where you will experience the djembe, dununs, other hand drums, frame drums percussion instruments among other instruments). We will have theory sessions on music, psychology principles at play (on an individual and group level) during rhythm events. We will, through practical application, understand what it is like to drum in a group and be responsible for leading recreational or therapeutic drumming groups in one's community. We will observe and be a part of many drum circles and group drumming events. At the end of each day will have a debriefing and sharing session which helps tie in the learnings of each day and set the pace of the following day of sensory stimulation and input.

2) Will I be qualified to conduct group sessions?

This intensive course will be the start of your journey with group drumming sessions and rhythm events. Yes you will be certified by Taal Inc. as a 'Group Rhythm Facilitator'. The process of learning is endless and is directly proportional to the amount of effort and energy you put in to your sessions. We will be announcing refresher courses, advance level courses (to further chisel one's understanding of rhythm or working with a special kind of group and so on) annually and will keep you posted as and when the details are announced.

3) Will any Material be provided in form of books or notes?

No two FYIR programs are the same and hence all the suggested reading, material discussed and learned will be minuted and sent to each participant post the course. Students are free to take their own notes during the program as well.

4) What if I miss a day?

This is an intensive and residential course (although we do have an option for day students). Remember that drumming and sharing can go well into the night and hence to truly take in maximum from this course, we highly recommend the residential option (especially since, at the end of the course, you have a strong foundation upon which you can build, as you introduce rhythm based sessions in your community). Hence missing a day will seriously set you behind the group and material will not be covered up for you due the paucity of time and overwhelming amounts of information that is exchanged. We recognise that you have full schedules and so we announce this course well in time for each of you to make changes to your agendas and treat this course as an educative getaway from your day to day lives.

5) Will I become a djembe/ music teacher?

No. This course will not qualify you as a djembe or a music teacher. You will however, be more aware of

- Percussion instruments
- Rhythmic concepts
- Culturally specific drumming genres
- Your level of musicianship / your musical ability
- The difference between a drum circle and a jam or a djembe class
- The non musical benefits of music and rhythm (from a physiological and psychological perspective)



TAAL INC
COME. DRUM. BE ONE

6) Will I become Djembe player ? Will I be equipped to perform?

You will start your journey of identifying & exploring rhythm and its benefits in a group. You will start learning the djembe. If you continue practising and learning the djembe with a good teacher, one day you will become a djembe player, performer or teacher. If, after reading this information, you feel that you want to explore purely the djembe (playing and teaching) please get in touch with us on (+91) 7767862929, we have a different course for you.

7) Is it Certified?

Yes. This course is certified by Taal Inc. Read more about our organisation here: www.taalinc.net

8) Do I need to have any prior music experience?

No. You do not need to have any prior musical experience to do this course. This course will start from the basics on all aspects and move to the depths that will be guided by the groups capacity to receive information. Having said this, if you do have prior musical exposure or experience (to whatever extent) this will help you absorb more from the material shared in the course.

9) What are the benefits / USPs of the course?

This course is a unique program with the following benefits:

- Learn a new instrument/ new instruments
- Experience a good balance between theory and practical knowledge and hence apply what you learn
- Be equipped with the information of how to birth, be a part of and/or lead drumming communities around you
- Deeply connect with yourself and others
- Learn a new medium that falls under the umbrella of Art Based Therapy or Expressive Art Therapy.
- Work with a range of groups using this newly learned medium
- For those who work with groups already, add to your existing skill-set a new medium to engage groups
- Understand the theoretical background/ foundation of group drumming
- Understand the theoretical background/ foundation of facilitation as a concept
- Walk on and follow the path of self discovery / awareness through group drumming
- Access the musical and non musical benefits of drumming for yourself and/or introduce it for those around you
- Understand the connection between music and it's therapeutic benefits for the self and others

10) What is next after the course? are there more levels ?

We have categorised the course as follows:

- FYIR: A two-day program which will introduce you to the therapeutic benefits of drumming on a first hand, experiential level and also help set a foundation to pursue the facilitation program.
- FYIR Intensive course called 'Level 2': Five and half days intensive training program, eligibility of which is at least one Find Your Inner Rhythm Level 1 module.
- Thereafter we will announce exclusive workshops annually which will help add to your skill set in the particular area of your work. These updates will be sent to you by us as and when we announce the details.

For more details & registration, please call (+91) 77678 62929 or email taalinc1@gmail.com